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# MATTHEW J. DUFFY

duffy.matt1@gmail.com

skype: matt.duffy76

www.jennifer-matt.com



## OBJECTIVE

Obtain an international teaching position in Physical Education and Health offering professional growth, using my B.S. in Physical Education, M.S. in Health Education and related teaching, coaching, service learning and travel experience.

## EDUCATION

HOFSTRA UNIVERSITY - **Health Education M.S.** (2008)

*Graduated With Highest Distinction, 3.95 GPA*

STATE UNIVERSITY OF NEW YORK AT CORTLAND - **Physical Education B.S.** (1999)

*Varsity Lacrosse Team, Captain 2 years*

## CERTIFICATION

New York State Teacher Certification, Physical Education K-12

New York State Teacher Certification, Health Education K-12

## PROFESSIONAL EXPERIENCE

### AMERICAN SCHOOL OF BOMBAY, Mumbai, India - Physical Education and Health Teacher August 2007 – June 2011

- Provided instruction for 9<sup>th</sup> and 10<sup>th</sup> grade Physical Education, 9<sup>th</sup> and 10<sup>th</sup> grade Health Education, and 9th-12th grade Fitness Elective in an IB, 1 to 1 laptop school
- Developed Physical Education curriculum utilizing Understanding by Design, aligned to California State Standards; consisting of lifelong activities, national and international traditional sports, swimming, wellness, Health Education and Project Adventure activities
- Taught rock climbing, high elements, low elements, fitness, weight training, dance, soccer, American football, volleyball, tennis, wrestling, swimming, handball, cricket, basketball, frisbee, lacrosse, track and field, badminton, softball, and aquathlon
- Created and taught a comprehensive Health Education curriculum guided by the U.S. National and New York State Standards; consisting of wellness, family and sexual education, substance abuse, nutrition, eating disorders, mental health, fitness, and disease prevention
- Documented health skills woven throughout the curriculum in Atlas Rubicon: self management, relationship management, stress management, decision making, goal setting and planning, advocacy and communication
- Integrated technology to support instruction using Heart Rate Monitors, Fitness Gram, BMI machine, Flip Cameras, Dyknow, OneNote, Movie Maker, Smart Draw, iMind Map, Glogster, Google Docs, Google Sites, Wikis and Ning

### Leadership and Community Involvement

- Served on the High School Physical Education and Health Curriculum Development Committee
- Collaborated with Freedom from Chemical Dependency (FCD) to facilitate annual high school wide Student Risk Behavior Survey: utilized results to guide health curriculum
- Founded and organized the annual High School Healthy Choices Week dedicated to the promotion of healthy behaviors
- Co-founded the High School's Peer Counseling Program with the counselor and guided students to support fellow peers
- Served as a lead advisor for 9th grade advisory groups
- Served on the High School Week Without Walls Planning Committee
- Co-Led the 9th grade Week Without Walls trip to Dharamsala, India
- Assisted Athletic Director to organize Middle and High School athletic tournaments and the annual Aquathlon swim/run race
- Facilitated large and small group Project Adventure activities for 200 faculty and staff during professional development days
- Co-Founded the Community Empowerment Team: provided service opportunities for the entire ASB community, visited remote villages with students, conducted research and acted as advocates for flood victims, hand delivered \$50K USD of supplies, supported students in providing assistance to a One Laptop Per Child program (OLPC) in a rural village
- Co-Led Community Social Responsibility (CSR) Group: created a literacy program and provided resources for rural school
- Founded English Literacy and Social Skills Program for a local orphanage with children infected or affected by HIV/AIDS

### P.S. / I.S 298, Brooklyn, New York - Physical Education Teacher

**September 2006 – June 2007**

- Provided instruction in Physical Education Grades PreK-8 in an inner city public school serving 700 students
- Created and implemented curriculum for class sizes of 15-70 students that included individualized fitness, cooperative activities, individual activities, team sports, inter-discipline activities, and life-long fitness components
- Served on Hiring Committee for new Physical Education Teachers: interviewed prospective PE teachers and collaborated with the principal regarding retention of PE teachers

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## **DENVER ACADEMY, Denver, CO - Physical Education and Health Teacher**

**July 2002 - June 2005**

- Provided differentiated instruction utilizing different modalities in Physical Education Grades 1-12 and Health Education Grades 7-12 in a school for students with learning differences serving 550 students
- Implemented dynamic Physical Education and Health Curriculum combining team sports, individual and cooperative activities, individualized physical fitness programs, outdoor education, and multiple health topics
- Created an elementary school program called "Hooked On Physical Education" (HOPE) to promote active lifestyles
- Facilitated multi-day hiking, camping and rock climbing trips for secondary students
- Member of the Retreat Committee that organized faculty development activities for 50 faculty members
- Organized and facilitated community service activities for middle school students

## **CONFERENCE PRESENTER**

- "The Integration of Technology in Community Service," 2010 Spring NESA Conference, Bangkok, Thailand
- "The Integration of Technology in Community Service," 2010 Global Education Conference, Online
- "The Integration of Technology in Community Service," 2010 ASB Un-Plugged Technology Conference, Mumbai, India
- "Physical Education for Students with Learning Differences," 2004 Bi-annual Denver Academy Symposium for Students with Learning Differences, Denver, Colorado

## **GUEST LECTURER**

- "Career Opportunities for Health Educators," (HED 211) Human Sexuality & Family Life Education, Hofstra University, October, 2012
- "Career Opportunities for Health Educators," (HED 210) Mental Health Issues for Health Educators, Hofstra University, November, 2011

## **COACHING EXPERIENCE**

### **LACROSSE**

University	Assistant	U.S. Merchant Marine Academy (NCAA DIV. III) (2006)
Varsity Boys	Head	South High School, Denver, CO (2002-05)
JV Boys	Head	Fairview High School, Boulder, CO (2002)

### **BASKETBALL**

Varsity Boys	Head	American School of Bombay, Mumbai, India (2010)
Varsity Boys	Assistant	American School of Bombay, Mumbai, India (2009)
J.V. Girls	Head	American School of Bombay, Mumbai, India (2008)
M.S. Boys	Head	American School of Bombay, Mumbai, India (2007-10)
M.S. Boys	Assistant	Denver Academy, Denver, CO (2002-05)
M.S. Boys	Head Intramural	Sweet Home Middle School, Amherst, NY (1999)
Elem. Co-ed	Head Intramural	American School of Bombay, Mumbai, India (2008)

### **SOCCER**

M.S. Boys	Head	Denver Academy, Denver, CO (2003-04)
M.S. Boys	Assistant	Denver Academy, Denver, CO (2002)

### **TRACK AND FIELD**

Varsity	Assistant	American School of Bombay, Mumbai, India (2010)
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### **AMERICAN FOOTBALL**

M.S. Boys	Assistant	Sweet Home Middle School, Amherst, NY (1999)
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### **WRESTLING**

M.S. Boys	Assistant	Sweet Home Middle School, Amherst, NY (1999)
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## **AWARDS**

2004 Colorado State High School Coaches Association Lacrosse Coach of the Year

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## PROFESSIONAL DEVELOPMENT

- 2011 - Service Learning Webinar/Cathryn Berger Kaye
- 2007-2011 - ASB Extensive Technology In-service Workshops
- 2010 - Spring NESA Conference; ASB Un-Plugged Technology Conference
- 2009 - Understanding by Design/ Fran Prolman; Assessment by Design/Damien Cooper, 2009; Project Adventure (PA) Portable Adventure; Project Adventure High and Low Elements Training, Project Adventure Curriculum Development K-12
- 2008 - Adventure Curriculum Development K-12, ASB Un-Plugged Technology Conference; Six Traits of Writing/Fred Wolff; Mind Mapping and Speed Reading Workshop/Tony Buzan; NBA Coaching Clinic
- 2007- NYC Board of Education Workshop for Achieving NY State Health Education Standards
- 2006 - 2007 - NYC Board of Education District 23 Physical Education Workshop Series
- 2005 - Courage to Risk Conference: A Collaborative Conference for Special Education; Fitball Training Certificate
- 2003-2005 - Extensive In-service workshops designed to meet the needs of students with learning differences
- 2004 - Adventure Low Element Training for Students with Learning Differences; Denver Academy Symposium for Students with Learning Differences
- 2003 - Intensive three-week Teacher Training Program at Denver Academy for Students with Learning Differences

## ADDITIONAL EXPERIENCE

**TELLURIDE ACADEMY**, Telluride Colorado (Summer 2005) - **Outdoor Instructor**

**NATIONAL OUTDOOR LEADERSHIP SCHOOL (NOLS)**, Cascades Mountains, WA- **Educator Certificate** (Summer 2003)

**ERNIE BLAKE SKI SCHOOL**, Taos Ski Valley, New Mexico - **Ski Instructor** (Winter 2001)

**LEVITTOWN SCHOOL DISTRICT**, Levittown, New York – **Substitute Teacher** (2000-2001)

## REFERENCES

<b>Jane McGee</b> HS Principal American School of Bombay +92-22-6772-7272 mcgeej@asbindia.org	<b>Craig Johnson</b> Superintendent American School of Bombay +92-22-6772-7272 johnsonc@asbindia.org	<b>Andrew Hoover</b> Superintendent American International School Chennai (Former MS Principal, American School of Bombay) +91 90-0302-6303 headofschool@aisch.org
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<b>Dr. Paul Fochtman</b> Superintendent Frankfurt International School (Former Superintendent, American School of Bombay) +49 (0)6171-2024-472 Paul_Fochtman@fis.edu	<b>Brij Anand</b> Athletic Director Sturgis Charter School (Former Athletic Director American School of Bombay) 1-508-771-2780 Ext.407 banand@sturgischarterschool.org	<b>Salvatore Masiello</b> Physical Education Mentor District 23 New York City Board of Education Home: 1 -516- 491-0080 Cell: 1-516-825-5124 masi580@yahoo.com
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